



dlr MILL THEATRE
D U N D R U M

DLR Mill Theatre

HEALTH AND SAFETY AT WORK POLICY

DLR Mill Theatre has a legal obligation to implement safeguards in relation to Health and Safety at Work: we also have a desire to create a work environment that is safe and conducive to healthy and contented work practices for all.

This document is intended for DLR Mill Theatre personnel and has the health and safety of all incoming production companies in mind. The success of this policy will depend on your co-operation. It is therefore important that you read this statement carefully to understand your own role and the overall arrangements for Health and Safety at DLR Mill Theatre.

You are encouraged at any time to put forward suggestions for improvement.

All personnel should indicate that they have read and accepted this document by signing their name at the end.

Fire Procedure

The safety officer will advise you of the Fire procedures.

Please note on arrival the Emergency Exits in the building. Fire exits must be kept clear at all times. Do not leave costumes, props or furniture in a fire exit.

Some general rules apply:

1. If you discover a Fire, raise the alarm.
2. Unless previously informed that a test is taking place, upon the alarm sounding the building must be evacuated. There is no reason at all for not evacuating.
3. If the fire is of a minor nature (e.g. burning rubbish bin) those trained in fire procedures may attempt to extinguish using the nearest suitable fire appliance. Do not hesitate to leave if you are unable to immediately extinguish the fire.
4. Shut down any equipment you are using if it is safe to do so.
5. If possible, close doors to restrict the spread of smoke and heat.
6. Do not attempt to go back for personal belongings.
7. Walk quietly and avoid any action that might create panic or delay in the exit of others.
8. Ensure the evacuation of any visitors who are with you.
9. If the area is filled with smoke, go down on hands and knees with your head as close as possible to the floor, then crawl to the nearest exit.
10. Go to the Assembly Point, which will be advised in advance by the safety officer.
11. On receiving the "all clear" from the Fire Safety Officer in charge, the Safety Officer will allow staff back into the building. You should return only when you are permitted to do so by the Safety Officer.

Manual Handling

Some general rules for safety in this area apply:

1. Make sure lighting provision is adequate
2. Remove any obstacles from your path in advance
3. Ensure that there are no spillages or other means by which floors would become Slippery

4. Do not attempt to lift an unmanageable load alone
5. Lift loads properly to avoid muscle strain
6. Do not try to move a heavy load in a hurry

Dressing Rooms

- Please do not leave anything touching or hanging from the light bulbs.
- Please do not leave anything on the floor
- Using public toilets as dressing /changing areas is not permitted
- Smoking is NOT allowed in the Dressing Rooms or Green Room

Operating Equipment

As part of the performance, you may be required to operate DLR Mill Theatre equipment. You should only operate any equipment once its operation has been clearly explained and you have had enough training or practice to use it confidently, safely and correctly. Do not attempt to operate any equipment unless you have been instructed to do so.

Non-Smoking Areas

DLR Mill Theatre is a non-smoking building.

Cigarettes / Alcohol / Drugs

Alcohol and non-prescription drugs are prohibited in the work place.

Health & Safety Rep

The members of the company should elect a Health & Safety Representative. The Health and Safety Representative should inspect the theatre with the Technical Manager before the first performance. If you can see something that could be a risk please inform your Health & Safety Representative or the Duty Technician.

Electricity

Electricity is very dangerous. Take care when using plugs and sockets. Switch it off at the socket before moving the plug. Make sure there is no likelihood of water getting into the plug or socket.

- Do not use broken plugs or frayed cables. Make sure that you are not stretching

any cables or are leaving them where they can cause damage or injury.

- Do not use electrical equipment in the Shower area.
- Electrical equipment and installations should conform to the local Theatre Licensing and Local Authority regulations.

Firearms

- Great care should be taken when using firearms. Do not fire a weapon until you have been instructed in its use. Do not remove the firearm from the props table until you need to use it and replace it immediately after use.
 - Make sure you know where the vent hole is and keep this directed away from your face.
- Make sure that the venting cordite will not injure others.
- Do not fire the weapon close to your ear without some form of ear protection, making sure that the venting cordite does not ignite any hair or clothing.
- Do not take any firearm outside the theatre.
- Firearms should be stored safely when not in use.
- Great care should be taken when using any weapon.
- Do not use a weapon until you have been instructed in its use.
- If its use is in a fight, the instruction should come from a recognised Fight Instructor not a colleague.
- Before use, check that the blades on swords and knives are smooth & blunt. Check that the handles are not loose. Do NOT use if the blade is serrated, clipped or bent.
- Make sure that gloves are worn during sword fights.
- Do not use glass bottles.

Warming Up

Please warm up both voice and body properly before rehearsals and performances. Any physical actions such as fights should be rehearsed before each performance.

Set

Please ensure that your set is user friendly. Each piece should be easily portable by two people. Any jutting out pieces of hardware such as nails, screws or staples will cause an injury. Very heavy pieces should be put out on casters or made easily movable. Stairs should have a railing where ever possible. Your set should be properly fire proofed.

Lighting

Please ensure that there is adequate light on stage to perform all aspects of your show safely. All cables should be safely taped down, and should be the correct rating for the job, with the correct and properly connected fittings.

Sound / Other Effects

Please ensure that all sound levels will not damage hearing either through volume or frequency. DLR Mill Theatre has strict sound restrictions. Please be aware of these and stay within this range.

- Please do not place speakers directly next to the audience.
2. Please notify the Technical Manager in advance if Strobes are being used.

House Keeping

- Cleanliness – All areas are to be kept clean, tidy and free from excess rubbish at all times. Fire escape doors and routes must never be obstructed in any way.
 - Food & Drink- Food can only be consumed in the Green Room.
 - Safe stacking and storage – At no times are articles to be stacked in an unsafe manner likely to fall and cause injury.
3. Special care should be taken in the backstage area.

Hazardous Substances – CONTROL OF SUBSTANCES HAZARDOUS

All hazardous substances brought into the building must be recorded and their use strictly controlled and monitored. The Production Manager is responsible for all such substances used in the Production and the theatre staff must be told at the first opportunity if visiting companies wish to bring any such substances into the building.

Incident Book

It is extremely important to record all incidents that occur such as (a) the application of First Aid (b) accidents and (c) any violent occurrences. Incidents should be recorded immediately after they happen and certainly no more than 24 hours later. The incident book resides in the Box Office. The Theatre Manager, Shona Ashmore, shona@milltheatre.ie and the Technical Manager, Kris Mooney, kris@milltheatre.ie should be advised of any occurrences.

Reporting Hazards

If you notice any safety hazards in the building, or with equipment, please inform the Technical Manager, Kris Mooney, kris@milltheatre.ie immediately. Do not leave anything – however briefly – on the stairs or in the hallways as this constitutes a fire hazard.

Security

Security is not just locks on doors and burglar alarms, it is an attitude of mind, a basic awareness of what is happening and a desire to protect your own safety and belongings.

- Please ensure that your personal property is not left unattended, that all equipment you have been using is properly secured and that all appliances are turned off at the end of the working day.
- Safes are provided for your use in both dressing room. Please contact Technical Department for further detail
- Sign In- Please supply the theatre with a list of all individuals. A sign in sheet will remain at box office and its use is mandatory

Bomb Threat Action

If you have received a bomb threat that there is a bomb in the building, inform the Safety Officer. The building should be quickly searched and then evacuated if appropriate. If you notice any suspicious object (parcel, package, vehicle) inform the Safety Officer. Under no circumstances should you touch the suspicious package.

If you receive a Bomb Threat call

Try to remember as many of the given details as possible so that the Gardai can assess whether or not the call is serious. For example if the caller made any reference to: representing an organisation / the time at which the bomb is due to go off / given a code word of any kind / given any reason for planting the bomb.

First Aid Box

First Aid Kits can be found at box office, in main office, the bar, the cloakroom, the control room, the technical office, at stage manger's desk and in the green room.

Artistic Director- Kate Canning

kate@milltheatre.ie

Theatre Manager- Shona Ashmore

shona@milltheatre.ie

Technical Manager

kris@milltheatre.ie (01)2969340

Health and Safety Officer- Barry Donaldson

barry@milltheatre.ie (01)2969340

Dundrum Town Centre Security

+353 1 299 1725

This is the DLR Mill Theatre Health & Safety At Work Policy Document

I confirm that I have read this policy document

Name:

Company:

Signed:

Date: _____